

DATING RIGHTS & RESPONSIBILITIES

I have the right...

- > To be treated with respect.
- > To be in a healthy relationship.
- > To not be abused – physically, sexually, or emotionally.
- > To feel safe in my relationships.
- > To leave a relationship.

I have the responsibility...

- > To determine my limits and values.
- > To refuse to abuse – physically, sexually, or emotionally.
- > To respect my boyfriend's or girlfriend's limits, values, feelings, and beliefs.
- > To not exert power or control in a relationship.
- > To ask for help from friends, family, and trusted adults.



HELP IS AVAILABLE

In Bucks County

A WOMAN'S PLACE

Provides comprehensive free, private, and confidential service, support, education, outreach, and advocacy to victims of domestic and dating abuse and violence.

24-Hour Hotline: (800) 220-8116
www.awomansplace.org

NETWORK OF VICTIM ASSISTANCE (NOVA)

Provides free, confidential counseling and advocacy services to individuals and their family members who have been the victims of sexual assault and other crimes.

24-Hour Hotline: (800) 675-6900
www.novabucks.org

or

**NATIONAL TEEN DATING
ABUSE HELPLINE**
(877) 429-5994
www.loveisrespect.org



**DATING ABUSE
& VIOLENCE**

Choose to Date. Choose to Be Safe.



WHAT IS DATING VIOLENCE?

Dating abuse is a pattern of controlling behavior that someone uses against a girlfriend or boyfriend. It can include verbal and emotional abuse – constant insults, isolation from family and friends, name calling, controlling what someone wears – and it can include physical and sexual abuse.



1 in 3 teens have been text messaged 10-30 times an hour by a partner to find out where they are, whom they are with, or what they are doing.

DATING VIOLENCE QUIZ

Does your boyfriend or girlfriend:

- > Control where you go, what you wear, or what you do?
- > Try to stop you from seeing or talking to family or friends?
- > Hit, slap, push, or kick you?

1 in 3 teens report knowing someone who has been physically hurt by a partner.

1 in 4 adolescents, boys and girls, experience dating violence before graduating high school.

- > Threaten or scare you?
- > Call you derogatory names, put you down, or criticize you?
- > Force you to do something sexual when you don't want to?

If you answered YES to any of these questions, your health and safety may be at risk. There are people you can talk to and resources that can help.

HELP IS AVAILABLE!

