



Network of Victim Assistance
 Advocacy, Support, and Prevention for Crime Victims
 in Bucks County, Pennsylvania

Elementary School Prevention Education Programs Menu of Services

Working together for safer communities.

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All preschool and elementary school programs are presented in the classroom and are age-appropriate.

Safe and Appropriate Touch

- Preschool
- Elementary (K - 5)

► Personal Safety

NOVA's *Personal Safety* program teaches students strategies to protect themselves from crime and personal invasion. This interactive program discusses safe and unsafe touches. The safety rules: NO GO TELL are emphasized. Students are empowered to listen to their feelings, say "NO" assertively to dangerous situations and tell people they trust about uncomfortable feelings.

Digital Safety Programs

- Grades 4 & 5

► Click on Safety (*Online Safety*)

From a very young age, children are taught, "Don't talk to strangers." It is sometimes forgotten that strangers can also be communicating with children and youth over the Internet. *Click on Safety* teaches students about appropriate and inappropriate behaviors (tricks) on the Internet, the true meaning of "online friends", and the importance of practicing cyber safety.

Bully Prevention Programs

- Elementary (K - 5)

► Bully-Free Classroom

Recognizing the importance of how to handle various forms of aggression is important for the victims of bullying, bystanders, and the remaining school community. NOVA's *Bully-Free* program works to promote compassionate behavior and provides proactive ways for students to end this form of interpersonal violence. Skill building activities engage students in confident and respectful strategies, and identify when to report bullying to adults.

- Grades 5 & 6

► Cyber Bullying

Digital technology has transformed the landscape of student's social lives. Cyber bullies use the weapon of anonymity and the speed of technology to demean, isolate, spread rumors, and post embarrassing pictures. NOVA's *Cyber Bullying* program is designed to clarify students' online rights and responsibilities while demonstrating effective responses and strategies to handle this form of bullying.

- Grades 5 & 6

► It's No Laughing Matter

(Talking About Gender Bullying)

It's No Laughing Matter identifies an often covert form of bullying that uses gender to intentionally create harm. The difference between joking and gender bullying is explained. Students discuss rights, responsibilities, how to respond to gender bullying, how bystanders may handle uncomfortable situations when witnessing gender bullying, and reporting policies.

- Grade 6

► Your Digital Footprint

This interactive program discusses privacy and promotes an understanding of how digital content is potentially viewed and stored in digital space. Students apply this information using scenarios designed to build empathy and respectful decision making.

Peer Education Program Available

Program length can be modified to fit specific schedules or needs.
If one of our listed programs does not meet your specific needs, please inquire.
For additional information or to schedule a program,
please contact: Mary Worthington - (215) 343-6543 or
 mary@novabucks.org